

Benefit half-marathon, run-walk scheduled in Williamsport

WILLIAMSPORT — The Kathryn M. Freeman Race For Ovarian Cancer, a half-marathon and 3-mile run and walk, is scheduled for Sept. 24, 2011 in Williamsport.

The event, sponsored by Jersey Shore State Bank, was created in memory of Kathryn Freeman, a long-time resident of the Williamsport area, who passed away from ovarian cancer in January 2010.

Organizers are hoping to get enough sponsorship so that all registration fees can go to the Ovarian Cancer National Alliance (www.ovariancancer.org/).

The Ovarian Cancer National Alliance advances the interests of women with ovarian cancer by advocating at a national level for increases in research funding for the development of an early detection test, improved health care practices, and life-saving treatment protocols. The organization educates health care professionals and raises public awareness of the signs and symptoms of ovarian cancer.



Kathryn M. Freeman

Many ovarian cancer symptoms are vague and go undiagnosed or misdiagnosed, allowing for the cancer to reach advanced stages. As there is not a reliable screening test, it is important women are aware of the symptoms, so they can have informed conversations with their

doctors. Not only is this event important because it is the first half-marathon in Williamsport, but also because it lets women know that they cannot take a back seat when it comes to their health. They should be aware of their bodies and encourage more forums to discuss health issues.

Organizers need runners, walkers, volunteers, event sponsors, and lots of spectators, so anyone who is interested may visit www.kmfraceforovariancancer.com/. There is more information about Kathryn, registration, the course, and the post-race party at The Cell Block.

Runners, walkers, and volunteers must register prior to the race, as there will not be any race day registration. Participants may register online or download mail in registration forms on the website.

For more information about the race, participants may visit www.kmfraceforovariancancer.com/ or email Kim Freeman at kimfreeman@kmfraceforovariancancer.com.